# God's Pattern



# for Christian Manhood

Except the Lord build the house, they labor in vain that build it. Psalm 127:1a

#### **Preface**

Men, we live in a time when the pattern for Christian manhood has been seriously obscured by the forces of the world and by neglect in the church. Consider what it would be like to try to build a house with no blueprint or one that had been damaged so much that many of the images and dimensions could not be read. Think about what the resulting structure might look like. Or suppose someone endeavored to build the house after having looked over the blueprints a couple of times, but refused to refer to it frequently as the house was constructed. How would the end result appear?

Most men today, even Christian men, are trying to live their lives without referring to the pattern that God has provided for living life and maintaining relationships. Some are doing this out of ignorance that the pattern exists. Some do so out of carelessness. And some live their life knowing that the pattern is there, but don't see the relationship between their neglect of God's pattern and the result that will come out of their neglect years down the road.

My goal during these lessons is to help us take a serious look at how God made us and how we as fallen but saved men can live effectively in a broken world. I encourage you to attend as many of the sessions as you can and to take seriously the questions and assignments given for further reflection throughout the week. You will only be impacted to the degree that you take these things seriously and work through them yourself in light of your own situation and stage of life.

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Session 1 – Introduction and Outline

# Introduction

Ш	troat	uction								
The	ere are	two thing	s that dri	ve this so	eries of	lesso	ns:			
	1.	The Bib	le is clear men. (Se	r that	othy 2		men are	suppose	d to	
	2.	God has even ma	clearly g ny Christ	given us a tians kno	a patter ow or p	n of r	nanhood e and we	that is di want to	ifferent fro help you u	om what inderstand
	3.	Beware!		d over yo	ou are g	going	to have t	o ask yo	urself, "Do im and do	•
_								•	esis 1-	3)
1.	We	are Go	)d's im	age be	earer	s rei	lecting	g His g	lory.	
	God'	s Image	Origin	ally						
	Th W	is made in is implies to the	s a R remembe	er that Go	od is th	and re	quires O ator and			made out
	God'	s Image	in us /	After th	ne Fal	I				
	Sin	has affect	ed every	area of 1	ife.					
	Rela	ationship a	and obed	ience no	w requ	ire eff	ort.			
	We	are born I	)	in tresp	asses a	nd sir	s and are	in need	of S	
	Purs	suit of Go	dliness is	an effor	t that r	equire	es person	al D	·	
2.	We	have b	een gi	iven de	omin	ion.				
	Man'	s Domir	າion Or	iginally	y					
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	This	s means he	e is to ha	ve L		_ and	A	·		
		is Rder him.		_ and mu	ust M_			wha	t God has	placed
	W		is a	n essenti	ial, Go	d-give	n respon	sibility.		

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				until we return	to D_
Things well.	wear out and	don't last. T	his fact requires ι	us to store up, plan a	and mai
			-	nd so we have to wo to <i>selflessness</i> and	
In spite	e of this, our re	esponsibility	and authority con	ntinue. See Psalm 8	
We a	re to be fa	mily men	ı <u>.</u>		
amily	Mandate B	efore the	Fall		
Comm	anded to be F_	a	nd M	(1:28)	
This in	nplies M	and	F	_	
	·			good that man shoul	ld be
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## Some of the questions we hope to answer in this series:

## **Image of God**

- 1. What does God want from me, a man made in His image but fallen?
- 2. What does it mean to have dominion?
- 3. What disciplines do I need to bring into my life so that I can best glorify God and display His image?
- 4. How can I be or prepare to be the kind of leader/example that God wants me to be?
- 5. What are the spiritual marks of a boy becoming a man?

#### **Dominion**

- 6. What is a vocation and how does it differ from a job?
- 7. What distractions do I have in my life and how can I reduce or eliminate them?
- 8. What should I do to properly prepare for my vocation?
- 9. How can I find out what God's will is for my vocation?
- 10. What are some biblical principles for handling money?

## **Marriage and Family**

- 11. How can I deal with sexual temptation?
- 12. What does it mean to love ones wife like Christ loved the church?
- 13. What pitfalls should I be aware of in being a godly husband?
- 14. If I'm not married yet, how can I best prepare for my role as husband?
- 15. How do the husband's and wife's role differ and how can I fulfill mine and how can I make it possible for my wife to fulfill hers?
- 16. What does it mean to bring up a child in the nurture and admonition of the Lord?
- 17. If I'm not married or don't have children, what can I do now to prepare to be a good and godly father?

# What am I supposed to do with what I've learned today?

#### Seriously ask yourself the following questions.

Am I serious about doing whatever God's Word tells me to do, no matter how much it costs or how hard it is to do?

Do I really want to be the kind of man God wants me to be?

#### Meditate on the following Scriptures throughout the week.

2 Timothy 2:2

Titus 2:6

2 Corinthians 3:18

1 Peter 2:9

#### Do the following things before next Sunday.

Actually do the above two things.

Session 2 – How should I reflect God's glory? (Part 1)

We were created in the image and likeness of God. (Genesis 1:26) We were made out of mere dirt in a form that would reflect God's likeness. Think about that! That is why He made us. The fall, of course, messed up that likeness. God's image is still there but there are many blotches on the image. It's our responsibility to pursue Godliness so that the world will see what He is like. (2 Corinthians 3:18; 1 Peter 2:9)

God also wanted a relationship with us. There had been a loving relationship among the members of the trinity in eternity past and that relationship and fellowship was intended to extend to mankind. After the fall, when God came to walk and talk with Adam as He normally did, Adam hid himself. There is a separation between God and us because of our sin. (Isaiah 59:2)

Our challenge as men is that in the middle of a world marred by sin and with personalities wounded by sin, we are still to reflect God's glory and have a relationship with God and with other human beings.

What Does God Want from Me? (Deuteronomy 6)

De	uteronomy 6:5 You shall and and			, with
Jes	us added "and with all your (Matthew 22:37-39)	and your	as	·
De	uteronomy 6:6 These words	which I command you	today shall be in your	
We	e learn several things from th	ese passages of Scriptur	e.	
1.	Loving God is a C	That means are to do. It requires act	s it's not just an emotiona on. List some ways to a	al warm actively
2.	Loving God involves your value Heart is your emotional being Soul is your psychological but Strength is all your energy of Mind is the thinking part of In Matthew 22:37, Jesus reprogramment. How can we	ng. peing. combined. you. peated the word "All" th		is

Look at Deut 5:10; John 14:15; John 14:21 and Luke 6:46. What do these verses say about evidence of our love for God?

Since obedience is a big part of loving God, how can we pursue obedience with our whole being?

3. Loving your neighbor has as its standard the level of love you have for yourself.

Think about the ways that you show love to yourself. What sorts of things do you do for yourself and in your own interest? Can you think of one other person for whom you take similar care to love like you do yourself? If your answer is none, what does this say about your level of obedience?

- 4. These commands eliminate judging and self righteousness because the standard is so high.
- 5. These commands are to be in our heart. This means they are central to our life. Proverbs 4:23 tells us that out of the heart flow the issues of life.
- 6. How often and in what activities of life are God's ways supposed to be the focus of our conversation? (Deuteronomy 6:7)

# What else does God want from me? (Micah 6:8)

God wants us to do	, love	and walk	with our God

Take some time to think through each of these qualities and ask yourself, "How am I doing as a Christian man in showing these characteristics in my life at home, school or work.

## What else does God want from me? (Hebrews 12:1-14)

1. Lay aside	and besetting (vs 1)
2. Run with	the race that is before us. (vs 1)
3. Keep your eyes on	(vs 2)
4. Endure	(vs 7)
5. Strengthen	which hang down. (vs 12)
6. Make	path for your feet. (vs 13)
7. Pursue	_ with everyone (vs 14)
8. Pursue	without which no one will see the Lord (vs 14)

Notice that each of these statements is a command to do something, a step to take.

We don't have the space or time to comment on each one of these, but consider a couple of things. First, the steps are things you can do – and are expected to do. Second, the race in verse 1 is not the race of your choosing, but is the race that is set before you. Third, we

are not to be limp and weak-kneed. We are to be men who stand up with strong hands and strong legs as we endure the discipline God has designed to make us more God-like. Finally we are to pursue holiness. Pursue is a strong word that men would understand. It is to chase after, to try to catch. Sometimes negatively it means to harass or persecute. It is the incessant push to obtain something the way men do in battle or an athletic event.

My hope and prayer as we continue this study is that you will see that your first responsibility as a Christian man is to develop a persistent, focused goal of loving God and neighbor with every part of your being. To do so you will lay aside the things that hinder and pursue the goal of being like Christ.

## What am I supposed to do with what I've learned today?

## Seriously ask yourself the following questions.

What steps can I take to increase my love for God with all my heart, soul, mind and strength?

How can I follow the challenge of Deuteronomy 6:8, 9 to keep God's commandments a focus in my life and home?

How well do I respond to the discipline God brings into my life? How can I be more obedient in loving others the same way I love myself?

## Meditate on the following Scriptures throughout the week.

Deuteronomy 6:1-9 Ecclesiastes 12:13, 14 Hebrews 12:1-14

### Do the following things before next Sunday.

Finish filling out and think about the parts of the lesson we didn't get to in class. Go through the list of 8 actions from Hebrews 12 give yourself a school-type letter grade for each one.

Pick the one you got the lowest grade on and list some things you could do to improve.

Session 3 – How should I reflect God's glory? (Part 2)

We've looked at the fact that what God wants from us men is whole hearted love. The kind of love that's purposeful and faithful. He also wants us to love our fellow men the same way we love ourselves.

Because of the fall, loving God and our neighbor this way requires diligence and discipline. In addition, fulfilling the other roles given to us as Christian men requires putting away childish things, laying aside distractions and pursuing personal spiritual disciplines that will enable us to be all that we should be for God and our families.

# What Does God Want from Me? (I Corinthians 13:11; Hebrews 12:1; 2 Timothy 2:15)

<ol> <li>Paul says in I Corinthians</li> </ol>	s 13:11 that when	he became a man	he put away	

Dr. Albert Mohler, President of the Southern Baptist Seminary, has compiled a list of 15 marks that distinguish a boy from a man. This list is included at the very end of these notes as Appendix A.

The myth of adolescence. Adolescence is a relatively recent phenomenon that basically coincides with the development of the consolidated high school concept. Basically, prior to the early 1900's boys were considered men and did men's work when they were strong enough. This occurred usually in the early teen years. Now we have developed a period of adolescence that allows boys to escape the necessity of being men sometimes well into their twenties.

This extra time has allowed boys to become engaged with toys and other distractions that keep them occupied and delaying further their focus on being men. Some men never put away their childish things. (We'll talk more about distractions in another lesson.) The church should resist this system and should encourage their boys to take on more and more spiritually mature responsibility.

- 2. The writer to the Hebrews in 12:1 tells us that we should lay aside every weight that hinders us in our race.
- 3. The Scripture gives us several disciplines or habits that should be a part of our life that will help us in becoming more like Christ in our lives. Remember, we were made in the image of God and we are to reflect that image in our lives. Because of the fall this has been made much more difficult. All of you are familiar with these, but I think we need to be impressed again with the fact that this is what it takes. It's not all that complicated.

a. Scripture Reading and Study		
2 Timothy 2:15; John 5:39; A	Acts 17:11	
b. Memorization and Meditation		
Psalm 1; Joshua 1		
c. Prayer		
1 Timothy 2:8 Men pray		
1 Thessalonians 5:17 Pray w	ithout ceasing	
Luke 18:1 Pray and not faint	_	
d. Discipleship		
Witnessing to the Gospel		
Matthew 28:20; Mark 16	:15	
We are to P the G	ospel and T	others to observe
what Christ has taught.	-	
Faithful men are to	others (2 Timothy 2:2)	
We are specifically to teach	our	
(Deut 6:7; Joel 1:	3; Psalm 145:4)	
e. Meet together for	.,	, and
(Acts 2:42)		
This is to be done	as we see the day approach	ching (Hebrews 10:25)

# What am I supposed to do with what I've learned today?

## Seriously ask yourself the following questions.

What are some of the childish things (i.e. toys and interests) that I hang on to that maybe I need to put away?

What are some of the weights (we're not talking about sins here) that hinder our running the race? (See also 2 Timothy 2:4)

## Meditate on the following Scriptures throughout the week.

Matthew 21:22; John 16:24; I John 5:14, 15

#### Do the following things before next Sunday.

List some things that young men could do in the life of the church that would move them toward a more mature role?

Set up a schedule for yourself to read and ponder one section of Dr. Mohler's marks of manhood each week. (See Appendix A)

Make a chain reference in your Bible with the following prayer passages:

Matt 18:19 Praying in agreement
Matt 7:7 Pray persistently
John 15:7 Pray while abiding
John 16:25 Pray in Jesus' Name
Matt 21:22 Pray believing
1 John 5:14, 15 Pray in God's will

Sessions 4, 5 – Your Vocation and the Will of God

We need to remind ourselves of two or three things that we learned in the introductory lesson. The first is that work was given before the fall. God has always intended that we should have something to do. Genesis 2:5 and 2:15 speak of tilling, tending and keeping. After the fall, work was to become toil, and sweat would be the norm as we labor to get enough to eat and support ourselves. In addition, things began to decay and wear out. That means there is continual work, maintenance and planning to keep things in repair. The last thing to remember is that God says this will continue this way until we return to the dust we are made out of.

	nings in repair. The last thing to remember is that God says this will continue this atil we return to the dust we are made out of.
ma	is opposed to laziness and sloth. What time frame does Psalm 104:23 assume for n's work day? What time frame does Exodus 20:9 give for a man's typical work ek?
	Proverbs 10:4 What happens to the slacker?  Proverbs 12:24-27 What position will the diligent man be in?  Proverbs 18:9 Being slothful is equivalent to being what?  Proverbs 20:4 What will happen to the lazy man?  Proverbs 26:13-16 The lazy man is always making E  Ephesians 4:28 We are to work with our own hands.  I Thess 4:11 What does God want us to do with our hands?
Look a	Paul challenged them to follow his example of conduct. (vs 7) What did Paul do (vs 8) to show he was not disorderly? He taught them that if someone doesn't work, he shouldn't E What were the disorderly people doing? (vs 11) What were these people exhorted to do? (vs 12) What were the people commanded to do regarding those who were lazy (disorderly – vs 6)?
is p tole The	clear from the book of Genesis that the work required for providing for the family primarily the man's responsibility. When announcing the curse to the woman, He d her that her curse would involve child bearing and submission to her husband. The man's curse on the other hand was specifically related to his work outside the use in his fields. See Genesis 3:16 and 17. See also I Timothy 5:8
3. God	gifts people in different ways. See Genesis 4:19-22 Jabel's calling was Jubal's gift was Tubal-Cane was good at

God ordained work. Since we are created in God's image we have the ability to create and bring order to things by naming, making, analyzing, and studying them. What was Adam's first task in Genesis 2:19, 20?

- 4. The word "vocation" means calling. It is not just a job, it is God's calling in life. God calls some men into full time Christian ministry, but He does not call all men to that vocation. God honors work of all legitimate kinds. The question is, "How do I find out what I should do with my life and what should I do to prepare?" <sup>1</sup>
  - a. Planning Begin by planning for the future. Whatever stage in life you are in, planning is essential. It is seldom God's will for us to sit by and wait for something.

Proverbs 16:3 How are plans established?

Proverbs 20:18 What is essential in planning?

Proverbs 21:5 What character quality leads to success and what leads to poverty?

Proverbs 16:9 God directs steps when a man has . .

- God does not speak to us with a voice or emotional feelings. He speaks through His Word, through the working of His Spirit in our lives and through providence. We must plan according to the principles of Scripture and we must take hold of the opportunities that providence provides. (See Genesis 24:27, 2 Timothy 3:16-17, Ecclesiastes 9:10)
- b. Discover your God-given gifts and develop them. This is something that requires initiative on your part. Are you a teen? You should be taking steps to plan out your future and seriously work through your giftedness.

Everyone is gifted differently. In Matthew 25:15-18 each man had been given a different amount, but what did God want of each one?

According to Romans 12:6 what are we supposed to do with our gifts?

What does Proverbs 22:29 tell you about a man's work that will lead him to success?

As you plan, study, and become skilled, remember that you are preparing to do work that will support you and your family in the culture in which we live, not in some pretend world that is not real. So don't say, "I wish I lived in a different area." Or "I wish I had abilities like Joe."

c. Seek wise counsel

Proverbs 11:14

Proverbs 12:15

Proverbs 15:22

Taken loosely from Manly Dominion by Mark Chanski

Don't be afraid to ask for counsel and advice. In fact, seek it diligently. Don't be afraid of what you might hear. Then consider that advice and counsel seriously when making a decision. If someone offers you advice you didn't ask for, don't just dismiss it. Assume you have a blind spot and think seriously about what they said.

#### d. Pray

James 1:5 If any lack wisdom let him ask of God.

By praying we are acknowledging our lack of wisdom and strength and letting God know that we are dependent on Him and not relying on our own ability. (See also Proverbs 3:6)

#### e. Make a Decision

Make a rational, well-thought decision. This doesn't have to be the final decision for a life-long vocation. This can be a decision for the next step such as what classes to take this semester or what college to go to. Indecision and procrastination are not values God approves. In the Bible, the only time people were to wait was when God told them explicitly to wait. Otherwise moving forward in faith and obedience was required. Once the decision is made, move forward with it and begin to plan the next step.

If you are in a career or other situation in life that you are wrestling with, remember that most situations have come about because of decisions you have made. At some point in life you chose to take or not take certain classes. You chose to go on to college or not. You chose to apply for one job or another. My point is, rather than grumbling about your situation in life, follow the steps in this lesson and make careful decisions moving forward.

# What am I supposed to do with what I've learned today?

#### Seriously ask yourself the following questions.

Teens and Young Unmarried men: Am I giving my best effort in all school subjects to prepare for whatever God might have for me?

What do I like to do?

What am I good at?

If I pursue the vocation I am currently thinking about, will I be able to support a wife and family?

Married Men: Am I in the vocation God has called me to?

Am I able to support my wife and family adequately so that my wife can fulfill her God-given responsibilities?

If the answer to the above questions is no, is it feasible to retrain and take on a new vocation at this point? If not, work on contentment and work hard where you are.

### Meditate on the following Scriptures throughout the week.

Go back and reread and meditate on the passages from Proverbs listed in this lesson.

## Do the following things before next Sunday.

- 1. Go back through this lesson and fill in all missing questions.
- 2. If you are young man still in school or college, make a list of your talents and interests. Make another list of potential careers that would use those gifts. Get advice from your dad and other older men as to how your interests might work into a vocation where God can be glorified.
- 3. Refer to steps 4a, b, c, and d and set a plan to work through each step for the next decisions of your life.
- 4. Read one of Dr. Mohler's marks of manhood in the appendix.

Session 6 Fiscal Responsibility

One of the things that happened because of the fall is work became toil and filled with obstacles. The ground brought forth weeds; things began to break down and needed repair and rebuilding. Because of the scarcity of stuff, money soon was invented to allow trade to take place. God has much to say to us as men regarding how we manage money and things.

Whole courses can be taught on this subject, so we are going to just touch on some biblical and practical topics that might help you down the road.

1. God expects in our work rather than
Proverbs 6:9-11 Watch out for a pattern of S
Proverbs 10:4, 5 Make sure your hands are D
Proverbs 24:30-34 Keep your property in good R
2 Thessalonians 3:10 If someone doesn't W then he should not E
2. God expects us to S for the future.
Proverbs 6:8 Gather your food in the
Genesis 41:35, 36 What advice did Joseph give to Pharoah about the
upcoming plagues?
Saving requires frugality.
Watch for sales.
Buy in quantity.
Plan your buying, don't buy anything on impulse.
Take care of your stuff!
3. Budgeting – Budgeting is a form of planning.
Here are 6 steps for an effective budget.
1. Plan your giving first
2. Keep a record of where your money is going.
3. Determine percentage of income needed for fixed payments such as mortgage, insurance, etc.
4. Figure out annual electricity, automobile and heating costs
5. Determine reasonable food and clothing budgets.
6. Set aside either in actuality or in a computer spreadsheet the amount
to be allocated from each week's paycheck to each category.
Remember, as much as you would like it to be otherwise, you don't have more
than you have and you shouldn't spend what you don't have.
4. God expects us to give to His work
I Corinthians 16:2 Our giving is supposed to be R and in
P to how God has P us.

Deuteronomy 14:22 In the Old Testament the standard was percent.
Malachi 3:8-10 Failure to give God His due was considered R
Matthew 23:23 In this passage Jesus rebukes the Pharisees for omitting weightier matters of the law, but at the same time agrees that they should have continued T
5. God expects us to S to supply someone else's L because at some other time the situation may be reversed.
Ephesians 4:28 What is the reason given here for why we should work? I Timothy 6:18 We need to be willing to S
What am I supposed to do with what I've learned today?
Seriously ask yourself the following questions.  Teens and college students:
Am I diligent or lazy?  Do I keep my room clean?
Do I do the chores given to me with thoroughness and completeness?  Do I do my schoolwork completely and to the best of my ability.  Am I careful with money?
Do I see myself as a manager of God's money rather than having my own money?
Am I satisfied with non-namebrand clothing?
Do I take good care of my clothes, "toys", etc.  Do I buy new clothes even though the older ones still fit and are in good shape?
Do I budget and save my allowance or part time income?
Am I saving for the future?
Have I shown God that I can be trusted with what He gives me?
Adults with regular jobs and supporting families:  Do I know where all my money goes?
Do I have a budget in place?
Am I tithing regularly?
Am I saving for the future?
Am I careful in maintaining my possessions so they last?

### Meditate on the following Scriptures throughout the week.

Malachi 3:8-10 Proverbs 24:30-34

## Do the following things before next Sunday.

- 1. Begin keeping a record of every expenditure you make. Do this for a month. (If you know how to use a spreadsheet, do it that way.)
- 2. Make a commitment to give a regular percentage of your gross income to the Lord. If you can't make it 10%, start with a lesser percentage, but give it regularly and make a commitment to increase it by 1% each quarter.'
- 3. Make a commitment to develop a budget. Put some deadlines in place as to when you will complete each step listed above.
- 4. Read another of Dr. Mohler's marks of manhood.

Session 7 Personal Purity

No aspect of life is probably more difficult for men than that of sexual purity. The temptation to go where we shouldn't go, look at what we shouldn't look at and listen to what we shouldn't listen to in order to satisfy our interest and curiosity about sex is very strong. God has much to say in His Word about this topic.

God made us as sexual beings. Sex was His idea and when used within His plan and boundaries glorifies God and brings good to our lives. Within God's plan sex is not vulgar, dirty or sinful.

God has prescribed marriage between a man and a woman as the proper relationship for sexual intimacy.

Within this series of lessons we have been faced with the fact that we must look at what God says in His Word and then face the decision as to whether we are going to believe Him or not. In the area of sexuality, the culture makes it very difficult because we are bombarded with sexual messages everywhere we turn. These messages do not support God's point of view. Little by little we become more accustomed to the world's way and God's way seems more and more out of touch.

Therefore, I believe the best thing for us to do is to immerse ourselves in what the Bible teaches us about this subject.

#### Sexuality and Marriage are of God for our good and His glory.

1. God made man and woman for each other and pronounced it good.

Male and female He created them – Genesis 1:27

He told them to be fruitful and multiply – Genesis 1:28

God saw everything He had made was \_\_\_\_\_\_ Genesis 1:31

The thing that wasn't good would be for man to be \_\_\_\_\_\_ Genesis 2:18

There was no solution to this problem other than the creation of woman which God then brought to Adam.

- 2. It's God's plan that marriage and the marriage bed be honored and undefiled. Hebrews 13:4
- 3. God devotes a whole book of the Bible to love and marriage Song of Solomon.
- 4. God does not leave us helpless in the face of His commands concerning sexuality. He has given marriage as the relationship which is meant to provide for sexuality and protect us from sexual temptation.

I Corinthians 7: 1-9

- Verse 1 It is not good for a man to \_\_\_\_\_ a woman. The word means "to hold on to". It is not good to have the kind of physical contact with a woman that is reserved for husband and wife.
- Verse 2 Because of the reality of sexual immorality, each person is to have his/her own spouse.
- Verse 3-6 Teaches us that even for a person who is married, Satan can tempt us because of our lack of self control and therefore a husband and wife should not deprive each other of physical intimacy.
- 5. A godly Christian marriage glorifies God in that it is a picture of Christ and His bride, the church. We'll discuss this more in later lessons.

### Sexual activity outside of God's prescribed plan for marriage is sin.

The Bible uses several different terms for sexual sin and it may be helpful to see what these terms are in different translations so that as we study these passages, you will be able to see what is being spoken about.

KJV	NKJV	ESV	Definition	References
Fornication (the Greek word here is pornea. Recognize it?)  Adultery	Sexual immorality  Adultery	Sexual immorality  Adultery	Sexual sin of a general kind not limited to a specific behavior.  Having sex	Mark 7:20 ff 2 Cor 12:21 Gal 5:19 Eph 5:3 Col 3:5 Mark 7:20
			with someone other than your spouse	Galatians 5:19
Lasciviousness Wantonness	Lewdness	Sensuality	Unrestrained in moral attitudes and behaviors	Mark 7:20 Romans 13:13 2 Cor 12:21 Gal 5:19 Eph 4:19 1 Peter 4:3
Concupiscence	Lust	Lust	Strong desire, longing, covetousness	Col 3:5 1 Peter 4:3
Uncleanness	Impurity	Impurity	Sexual impurity Unclean	2 Cor 12:21 Gal 5:19 Eph 4:19 Eph 5:3 Col 3:5

Revelings	Orgies	Revelry	Drinking parties, carousing, Orgies	Romans 13:13 Gal 5:19 I Peter 4:3
Coarse jesting	Crude joking	Coarse jesting	Crude and vulgar joking	Eph 5:3

wo im the	ornography is probably the most addicting and soul-damaging of sexual sins. The Greek ord used for sexual immorality was <i>pornea</i> . Add the ending <i>graphy</i> to it which means hage or writing and you have sexual immorality in images or in writing. As we study a Scriptural teaching on sexual sins and God's way to victory, keep in mind that we are cluding pornography in this discussion.
1.	According to Jesus, what is the source of these sorts of sins? Mark 7:20
	James tells us that we shouldn't think our temptations come from God. He tells us that we are tempted when we are drawn away of our own and  James 1:14-15
	According to Galatians 5:19 these sins are the works of the flesh. They come from our flesh, our own natural self.
	The world and Satan use this natural tendency to draw them out and trap us.
	Jeremiah 17:9 says that the heart is above all things, who can know it?
	In 1 Corinthians 10:12 Paul explains how the people in the Old Testament fell through disbelief and then warns us to be careful because when we think we stand, we may fall.
	With a deceitful heart as the source of these sins, it is foolishness to think we can trust ourselves. People of high standing and seeming great intelligence are falling prey to sexual temptation and sin and ruining their reputations and careers along with it. What makes us think we can put ourselves in situations where the temptations are great and accountability is limited? We need to have the attitude expressed in Philippians 3:3 which is that we "have no confidence in the flesh." It's good to have a certain amount of distrust in our ability to deal with such a strong enemy.
2.	Sexual sin is sin against both our body and soul.
	1 Corinthians 6:18-20 He who commits sexual immorality sins against his own body! The seriousness of this is based on the fact that our body is the of the Holy Spirit.

	Also Peter tells us to abstain from fleshly lusts which 1 Peter 2:11	against our
	The question comes down to whether we believe this or not and the respond accordingly.	nen whether we will
	Take a good hard look at Proverbs $6:25-7$ Notice the damage the causes. Make a list of the negative consequences.	e sexual immorality
	These sins are among the reasons why the wrath of God is coming Ephesians 5:3-7 (See also Colossians 3:5-7) Notice the references passage.	-
	Notice the condemnation in verse 5 of a person whose lifestyle is sins. What does it say about such a person?	described by these
	What some people don't realize is that these sins themselves are t display. With your Bible open to Romans 1:18 ff, answer the follows 18 Is the wrath of God present or future in this verse? Vs 24 What did God do in his wrath? He gave them up to what Vs 26 God gave them up still further as part of His wrath. This Vs 28 – 32 Then look at the list as God gives them up still fur	owing questions:  at? s time into?
	This is the wrath of God in action.	
The battle is strong and must be waged on many fronts.		
1. N	Must recognize that by God's grace, sin and the devil are defeated, feel that way.	even if it doesn't
2. N	Need to have our bodies in subjection.  1 Cor 9:27 Paul says he his body and brings it into means he controlled his body and not the other way around.	That
	In Romans 6:12ff Paul says that we should not allow sin to reign that we should obey its lusts. He then goes on to say that we shou members to sin to be used as weapons against us.	•
	God will not allow us to be attempted above what we are able. 1 God That means with God's Spirit in us, we are able to have victory. Some dominion over you.	
3. F	Remind yourself of the number 3 point in the previous section. The	ese activities are

why the wrath of God is coming. Do you want to be associated with the sins that are

bringing God's judgment on the lost?

4. As a result of making a resolve to have our bodies under control, we need to control especially two aspects of our body.

**Mind** – because renewing the mind renews the heart. Proverbs 23:7 tells us that as a man thinks, so is he. So it's important to renew the mind and control what we think.

Romans 12:2 We are to be transformed by the \_\_\_\_\_\_ of the mind. This can only happen by spending time in the Word.

Philippians 4:8 Make a list of the sort of thing we are to think about. Then compare your thought life to this list.

1 Peter 4:1 says to arm ourselves with this mind. We are going to discuss this more a little later, but it's important to realize that this is a mind thing and our minds have to be armed for battle.

2 Corinthians 10:5 tells us to take every thought captive to the obedience of Christ. There's a project for you!

Ephesians 5:12 tells us that it is shameful to speak of those things which are done in secret. That tells me we should avoid reading and viewing information about people's personal lives, especially their affairs or other sordid areas of life. This should be the case whether the stories are real or fiction. These incidents give our minds material to think about that it's best to avoid.

#### Eyes –

What did Job say he had done? Job 31:1

Then David, in Psalm 101:3, says that he made a pledge to set no wicked thing before his eyes. That is a good example for us to follow. For most of us, temptation is strongest through the eyes. Therefore we have to purpose to avoid situations where temptation would be a problem for us.

You need to decide whether you are serious about this or not. You know the kind of things that you see or think about that stirs your lusts and you need to take an honest look at ways to limit those influences in your life.

Here are some possible areas:

TV and videos. Do you need to consider limiting your viewing time as well as content.

Being careful not to be in areas where immodesty is prevalent – beaches and water parks for example.

Magazines. Many men can't safely browse People magazine for example.

Areas of stores where video covers, magazine covers or immodest clothing is displayed.

Internet – Make sure everyone can see what you're doing. Have access to your children's accounts and history.

- I think being careful especially in these two areas fulfills what Paul tells us in Romans 13:14 where he says not to make provision for the flesh to fulfill its lusts. To make provision for something means to lay up food and supplies such as in the case where provision is made for the winter months. Paul is telling us not to make things accessible that would feed our lusts. We are to starve them.
- 5. Flee! 2 Timothy 2:22 tells us to flee youthful lusts. Sometimes God calls on us to stand and resist, but in this case the command is to flee. Flee by putting into practice the things discussed in the previous section and flee to Christ and His Word. When a person flees, he is doing so usually out of fright. These are a class of sins that can take you down so flee! They are against your body and they make war on the soul.

Sometimes we wonder what the will of God is for our lives. 1 Thessalonians 4:3 tells that His will is that we abstain from sexual immorality. Stay away and don't get involved!

One way to flee is to get rid of the TV or Internet if necessary. Remember Jesus said to cut off our right hand if needed to keep us from going to hell. Matthew 5:30

6. Recognize and live by the truth of 2 Corinthians 5:17. We are new creations. The old has passed away and all things have become new.

Consider these passages. I'll just give them to you with a few comments and leave it to you to dig into them.

Romans 13:11-14 It's time to wake up; the day is at hand. Since the day is at hand, we are to get rid of the dark, the old life, and <u>put on</u> the armor of light. Then take note of the whole list of things which need to be abandoned. Finally <u>put on</u> the Lord Jesus Christ and don't make any provision for the flesh.

1 Peter 4:1-4 In effect, since Christ suffered for us and we are in Him, we should have the same mind He had and put the past behind us. We "no longer should live the rest of our time in the flesh for the lusts of men, but for the will of God." We have spent enough time in the old ways. It's time to move forward for Christ.

Ephesians 4:17-24 We should no longer walk like the pagans. They have given themselves over to these sexual life-styles, but it is not that way for us as Christians. We need to <u>put off</u> that kind of life and be renewed in the spirit of our minds. We are to <u>put on</u> the new man which is created in true righteousness and holiness.

2 Corinthians 6:9-11 Paul asks us if we realize that the unrighteous will not inherit the kingdom of heaven. Then he gives us a list of the kind of life-styles that will not make it to heaven. Then comes the word that this is what you were. God's salvation changes us from what we were to something new.

Probably the most important thing to do is to immerse yourself in Scripture considering the passages listed here and meditate on them thoroughly and regularly.

7. Focus on grace, not law. I don't have the time or space to draw this all out for you, but Scripture teaches us that law actually gives sin its power. See Romans 7:7-12 and read it very carefully. See also 1 Corinthians 15:56 as well as Colossians 2:21-23. In the latter passage it speaks of human commandments. The things we have been talking about are God's commandments. However, we sometimes create our own set of commandments thinking that these will protect us, but notice that they are of no value against the indulgence of the flesh.

Romans 2:4 tells us that it is the goodness of God that leads to repentance. Titus 2:12 tells us that it is God's grace that teaches us to deny ungodliness and worldly lusts and to live righteously. So focus on those things

Habits are formed by repeatedly behaving in a certain way. You can create good, righteous habits by making moment by moment decisions to do the right thing. You may not be able to make a commitment to never look at pornography again, but you can make a decision not to look at this moment.

Enlist the help of another person who will help you be accountable. If you can't find that accountability in your spouse or dad, there are men here at church who would be willing to help. It takes courage to ask, but as we've learned it is virtually a life and death decision on several levels.

# What am I supposed to do with what I've learned today? Seriously ask yourself the following questions.

- 1. Am I spending time in the Word to renew my mind?
- 2. Have I made a covenant with my eyes and mind not to look at and take in that which is sexually sinful?
- 3. Do I need someone to help me in this area?

### Meditate on the following Scriptures throughout the week.

Ephesians 2:1-10

Meditate on Romans 6-8 over the next several weeks.

#### Do the following things before next Sunday.

- 1. Reread the notes and Scripture passages discussed in this lesson.
- 2. Take steps to guard your eyes and mind and flee when necessary.
- 3. Fathers make a commitment to help your sons with this early in their lives.
- 4. Contact someone for help if needed.

Session 10 Raising Children in the Nurture and Admonition of the Lord

Ephesians 6:4 "And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord."

I want to look at the last part of this verse and ask three questions;

Why is this important to God?

What does it mean, what's involved, what does it look like?

What are the results?

## Why is this important to God?

Look up Genesis 18:16-19

In verse 19, God says He knew Abraham for a reason. What was that reason?

In Malachi 2:15 divorce is the topic. He says he made the husband and wife one. Then he asks, "Why one?" What's the answer to that question?

#### What does it mean to bring up children in the nurture and admonition of the Lord?

Bring Up Bring up means "to nourish". Think about plants. In order to nourish a plant you need to  1. Know the C for healthy growth. 2. Know the P characteristics of that specific kind of plant. 3. Provide what's needed on a D basis.
According to Ephesians 6:4, this responsibility with children is given by God to the Fathers. Fathers then delegate certain responsibilities to the mother. It is the father's responsibility to know each child, what they need and how they can best be nourished. He then, with input from his wife prescribes the care that will be needed. A man cannot avoid this responsibility by simply saying, "I gave this to my wife to handle."
The Bible teaches us that the is nourishment. There is the of the Word and the of the Word. A father needs to know what each child needs from the Word.
As we have discussed many times in these lessons, studying and meditating on the Scriptures is an important part of a man's life and responsibility. When you examine the priorities of your use of time, this aspect of your life should be at or near the top.

#### Nurture

Nurture means child training, chastisement and discipline.

Luke 23:16. The same word for what Pilate did to Jesus – "chastise". Hebrews 12:6 This is what God the Father does to us – "chastens". 1 Corinthians 11:32 We are *chastened* by the Lord so we won't be condemned with the world.

The idea of nurture involves the discipline we apply to the lives of our children. The Bible speaks clearly of one form of discipline and that is what we commonly call spanking. Here are some key verses from the book of Proverbs that tell us that true love for our children involves this sort of discipline.

Prov 13:24 He who spares the rod hates his son Pov 22:15 The rod drives out foolishness Prov 23:13 Do not withhold correction

A 1				
Ad	m	on	111	nn

Admonition means to "put in mind". This is training by	whereas nurture
is more training by	

There is another word – **remonstrate.** Remonstrate means to protest or demonstrate opposition. This is **not** the same thing as admonish.

Look at the example of Eli in I Samuel 2:23-24. Eli remonstrated his sons, but it didn't work. Look at God's assessment of Eli's method in I Samuel 3:13

The Word of God was written for our admonition (I Corinthians 10:11) and so our admonition ought to rely heavily on Scripture.

Consider Deuteronomy 6:6		
God's Word should first of all	be in our	How does that take place?
Then we are to T	it D	to our children.
Conversations involving the V	Vord are to take 1	place all the time. Reminders are to
be everywhere. Encourage you	ur wife in role to	decorate your home in such a way
that there are Scriptural remin	ders here and the	ere that remind each one in the
family of God's grace and Lor	dship.	

In the process of training our children, we need to listen to our children. See Proverbs 18:13. Not listening is one of the chief ways of provoking your children to wrath which today's passage warns against.

#### Of the Lord

We are to nourish them in the sphere and context of God's discipline and admonition. We are God's agents. It is not self-serving, as some would suggest, to teach our children to obey us. We teach them to obey us not because we are selfish. We teach our children to obey us because God says that this is the first commandment with promise that it may go well with

them. Children need to be taught and God has given us that responsibility. During times of discipline, it is helpful to remind your child that you are being obedient to God just as you expect them to be obedient to you. Choosing to not discipline them would put you in the position of being disobedient to God.

#### Result

Look at Proverbs 3:1-6. Here you have an example of a father passing on Godly wisdom to his son. What is the expected result in verse 4?

Scripture tells us of two other men who increased in favor with God and man? Who are they? I Samuel 2:26; Luke 2:40, 51, 52

Favor is the same word as grace. A child who is growing in favor with God means he is growing in God's grace. That should be one goal. The other part of the goal is a child who finds the right kind of favor with men.

Hebrews 12:11 Tells us the result of effective discipline in those who have been trained by it. What is that result?

We will be parta	kers of God's	
Yields the	fruit of	

## What am I supposed to do with what I've learned today?

## Seriously ask yourself the following questions.

If you have children:

Am I training them in a way that avoids provoking them to wrath? Do I have a plan for what I want my children to know and the character traits I want to see developed in them?

If you don't have children:

Am I preparing myself spiritually in the Word so that I have something to teach them when God gives them to me?

Do I have a good idea of what I would want children of mine to learn under my leadership?

#### Meditate on the following Scriptures throughout the week.

Ephesians 6:1-4 1 Samuel 2:12-3:14

#### Do the following things before next Sunday.

Read several of Dr. Mohler's evidences of when a boy becomes a man. If you have sons, think about and write down some ideas as to how you are going to help your sons make that transition.

Get with your wife and go over what each of you has learned about raising children in the nurture and admonition of the Lord. Make a commitment to her that you are going to take responsibility for how the training and Christian education of your children proceeds. Then follow through on that commitment.

If you do not have a serious Bible study plan in place, take steps to get going on that as soon as you can. This is for each of you no matter what age or whether or not you have children.

### (This page taken from Ruth's Lesson to the Ladies)

Loving Your Children - Part 4 Teach Them Godly Habits for Life

Ephesians 6:4 "Fathers, provoke not your children to wrath, but bring them up in the nurture and admonition of the Lord."

- I. Teach your children Godly habits for life
  - A. The importance of church attendance and involvement (Hebrews 10:25)
  - B. The benefits of reading God's Word as a family and as individuals
  - C. Memorizing God's Word Psalm 119:11
  - D. Praying together and alone James 5:16
  - E. Blessings of reaching out in ministry Ephesians 4:32
  - F. Listen to good Christian music Ephesians 5:19
- II. Teach your children Godly character qualities for life
  - A. Fear of the Lord (Prov. 15:33; Prov. 16:6; Prov. 9:10; Deut. 6:13a.)
    - 1. Why should we fear God?
    - 2. How is it taught? example, memorize key verses; take advantage of the natural fear of your child
    - 3. How does our parenting style affect our child's understanding of "the fear of the Lord"?
  - B. A thankful heart Philippians 4: 6&7
    - 1. The benefits of a thankful heart
    - 2. Ways of teaching a heart to be thankful
  - C. Contentment (I Timothy 6:6)
    - 1. Signs of discontent
    - 2. How to pass along a spirit of contentment in a "gotta have everything" world. Try to take their eyes off of themselves,
    - 3. Thankfulness can affect their view of God
    - 4. Teaching them the joy of giving
  - D. Discernment
    - 1. The world's view of right and wrong vs. the Biblical view
    - 2. Help your child build a Biblical "grid"
      - a. What is a grid?
      - b. How do we make a grid?
      - c. What happens if something comes up not covered by my grid?
      - d. Practical applications Psalm 101:3; Hebrews 10:25
      - e. Teach your children how to handle "peer pressure"
        - 1.) Start at a young age
        - 2.) Teach them to stand alone
  - E. Integrity Exodus 20:16; James 5:12
  - F. Conscientiousness (reliability) James 5:12
  - G. Respect II Kings 2:23-25; Ephesians 6:2
  - H. Holiness Psalm 101
    - 1. Purity and an overall Godly lifestyle

Session 11 Reading and the Importance of Managing Distractions

All of us have heard of ADD, Attention Deficit Disorder. We can argue about whether it is a real condition or not, but there is no question that more and more people are unable to focus or pay attention for long periods of time.

Reading and meditation are two skills that require the ability to "attend" to the task at hand for extended time periods. These are skills and practices that God requires of us as Christians.

We as men, since God has called us to lead, must be sure we are able to attend to these things and then in our position of leadership in our homes we need to be prepared to set a tone that will help our children avoid the pitfalls of attention deficit.

I.			d and reading are central to the Christian faith.			
	A.	God	has chosen to act through			
		1. (	God used his words to (Genesis 1:3ff)			
		2. J	Tesus spoke and the sea was calm (Mark 4:39)			
			God the Son is called the (John 1:1ff)			
		8	a. God has spoken in (Heb 1:1,2)			
	В.	God	has given us His Word written			
		1. 1	All Scripture is given by (2 Timothy 3:16)			
		8	All Scripture is given by (2 Timothy 3:16) a. The Greek word for "scripture" in this verse is "graphe" meaning			
		1	b. Holy men spoke as they were moved by the Holy Spirit (2 Peter 1:21)			
			e. The Lord gave the word and great was the company of those that			
			published it. (Psalm 68:11)			
		2. V	Word of God is and (Hebrews 4:12)			
	C. Reading is commanded, encouraged and expected					
			The king was to write himself a copy and read it every day. (Deut 17:19)			
			Law was to be read every 7 years in the public meeting. (Deut 31:11-13)			
			a,,, and were to be in			
			attendance			
		ł	o. That they may H, L, and D			
		3. I	Example of Ezra in Nehemiah 8			
		8	a. People as they listened (Neh 8:5,7)			
		ł	b. Word was read d			
			c. They were given the and made to the reading.			
		(	1. They read from until (8:3; for one-fourth of the			
			day the next day Nehemiah 9:3)			
		4. J	lesus said, "Have you not" at least 6 times in Matthew			
	D. Meditation is an essential component of the Word					
		1. 1	Meditation is chewing over the Scriptures in our minds, focusing on it,			
		t	hinking about what it means in context and to our selves. Looking at it from			
		1	nultiple angles			

- 2. S\_\_\_\_\_ and P\_\_\_\_ (in the spiritual sense) are promised for consistent meditation. (Joshua 1:8)
- 3. Life, fruitfulness and prosperity promised (Psalm 1:2)
- 4. Meditation improves (Ps 49:3)
- 5. Example of David (Psalm 119:15, 23, 27, 48, 78, 97, 99, 148)
- 6. Timothy was urged to meditate on these things and give himself completely to them. (I Timothy 4:15)
- 7. We are to meditate on the things that are true, noble, etc. (Phil 4:8)
- 8. God is writing a book of remembrance about those who meditate on His Name. (Mal 3:16)
- E. What this means in our time
  - 1. The word, reading and meditation are essential components of the Christian life.
  - 2. God lifts up the Word above all other forms of communication
    - a. 2 Peter 1:19-21 tells us that Scripture was a more sure word than the display on the mount of transfiguration
    - b. God had magnified His word above His Name (Psalm 138:2)
  - 3. We should lift up the word and not diminish it in any way and we should make sure it is not diminished in the lives of our children.
    - a. Skill in reading must be taught and encouraged
    - b. Reading with natural understanding must be practiced.
    - c. Undistracted time must be allotted for this.
    - d. This applies to ourselves and not just to our children.
      - (i) They will imitate what they see in us.

#### II. What You Can (and Should) Do to Minimize Distractions

- A. The word "distraction" means pulled apart. It occurs when we try to divide our focus between two or more things.
- B. Take steps in your own life and for your family to minimize distractions and increase attention.
  - 1. For young children, reduce the number of toys they have available and require them to focus on one toy for longer stretches of time.
  - 2. Do not buy them fad items or everything they want even if you can afford it.
  - 3. Reduce the amount of TV or other media inputs.
  - 4. Spend time reading as a family silently but all in the same room.
  - 5. Read regularly to young children or have your wife do so. Have older children read to younger children. Sometimes do this and require everyone else to listen in.
  - 6. Read scripture out loud as a family. Not necessarily in unison, but one person reading and the rest following along. Go back and ask questions about what was read.
  - 7. Make sure your children learn to read well.
  - 8. Memorize Scripture together as a family and teach them the principle of meditating on it.
  - 9. For young children be careful of programs that promote short attention spans.

- 10. Listen to good music in the evening rather than having the TV on.
- 11. Train yourself and the rest of your family not to read the paper, watch TV and check cell phone messages all at the same time. "Multi-tasking" is really not all that good for the brain especially the brains of children and young people.
- 12. Reduce cell phone access to young people.
  - a. If they need one so that you can communicate with them, have them turn it in when they get home.
  - b. Do not allow them to take it to bed with them.
- 13. If you allow your children to have Facebook or Myspace pages, make sure you are one of their friends and limit the amount of time they are allowed to access it.

Session 13 The Husband's Role as "Priest" (Unfinished, but provided for your use in personal study.)

There is a sense in which the husband and father is to be the priest of the home. We realize that in this time in God's economy every believer is a priest. But the husband/father has several priestly functions.

#### Worship Leader

The husband/father in the home should be the leader in family worship. This implies several things:

Praying: In 1 Timothy 2:8 God tells us that He desire the men (as opposed to women) pray. The role of leading in prayer is the man's responsibility.

Singing: Ephesians 5:19 and Colossians 3:16 teach us to speak, teach and admonish in psalms and hymns. This should be a part of every family worship. You don't need to be good at this. There are plenty of cd's and mp3 players that can help provide the music you need. Teach your children to pay attention to the words and to discern between scriptural and unscriptural lyrics.

Scripture Reading needs to be a key part of family worship. The Word is the food that we all need for growth.

Memorize Scripture together.

## Pray with your wife and alone for your family.

Example of Job. Job 1:4-5

Example of Abraham: Genesis 12:7-8; 13:3-4; 13:18

#### Lead Your Children to Christ

God puts a high priority on reaching the children Example of Jesus

God uses parents to reach and teach their children Hannah – Samuel I Samuel 1:11; 22: 24

Mary and Joseph – Jesus Luke 2:27-42

Ultimately, God changes the heart. This is not something man can do.

Watch out for unbiblical methods that address behavior and not the heart such as books and media from the world; psychology from the world – be careful of worldly diagnoses;

erratic parental behavior – sudden fits of emotion; behavior modification – rewarding "random" good behavior.

Use Biblical Methods—the central focus is to teach your children the principle of their sinfulness, its consequences, and the redemption offered through faith in Christ.

#### **Discipleship**

In Matthew 28:19, 20 we have what we call the great commission. Often we focus just on the preaching the gospel portion of those verses. However, Jesus' commission to us is to make disciples, teaching them all the things He taught us. Is there any excuse for not fulfilling this responsibility within out own family?

The number of topics is too numerous to mention. As you hear sermons and Bible studies in church and as you do your own Bible studies, you should be taking notes, and preparing lessons to be taught to your children. There are countless resources to help you and there are many of us in the church that are willing to help you get the help you need.

#### Church

As the worship leader of your home, you should be the leader in bringing the family to church with you. See Hebrews 10:25. Take the initiative to make sure at appropriate readiness levels your children participate in the worship. They should always open their hymnbooks to the specified pages. They should be taught how to follow the verses. They should have their Bibles with them and should turn in their Bibles to the passages the pastor or teacher refers to. Teach them how to take notes or fill in the pastor's note sheets. Talk about the message at home. Go over the notes and review it with the family. Make sure your worship is whole-hearted. See David's attitude: 2 Samuel 24:34. See also Deuteronomy 28:47, 48

# **God's Pattern for Christian Manhood**

Session 13 Wrap-up and Challenge

I would like to leave you with some practical suggestions of concrete steps you can take to put into practice some of the things we've talked about in this series. Every once in a while it is helpful to take a good hard look at where we are and to strengthen the areas where we have grown weak. Sometimes the transition into a new year is a good time to do that.

- 1. Examine yourself to see if you're in the faith 2 Corinthians 13:5; Mat 7:22
- 2. Preach the gospel to yourself every day.

Remind yourself that nothing you have done merits any of the blessings you enjoy in life or the forgiveness and salvation you have been given.

Titus 3:5; Ephesians 2:8,9

Tell yourself that the suffering of Christ was because of your sin and since he bore all of your sin on the cross, there's no more payment due!

I Peter 2:24; Isaiah 53:4-6

Thank Him for the faith and grace He has freely granted you.

Romans 3:24; Romans 5:10; Colossians 1:21; Eph 2:8,9

- 3. Take active steps to monitor your complaining and judging and commit yourself to give up both. Phil 2:14; Romans 2:1
- 4. Make it your goal and supreme effort to get to know Christ and His power in your life. Build a solid prayer life. Phil 3:7-11
- 5. Begin a systematic Bible reading, memorization and meditation program. This is slow, thoughtful reading, not a commitment to read a certain amount in a given time. Here are some passages that I've chosen because of characteristics that men can relate to. Joshua 1:7-9; I Corinthians 16:13; Hebrews 12:1; Hebrews 12:5-7; I Timothy 4:7-8; 2 Peter 1:5-8; Colossians 1:10,11; 1 John 2:13, 14; I Cor 9:24-27; Phil 3:13, 14 I Corinthians 10:6-12
- 6. Take control of your thought life; your self-talk. 2 Corinthians 10:5; Philippians 4:8
- 7. Develop a servant spirit. Remember, it's not about you. Mark 9:35; Luke 22:27; Philippians 2:5-8
- 8. Keep a guard on your heart related to sexual purity. I suggest you keep your battle sheet handy. Prov 4:23; I Cor 6:18

I believe that if we focus on the things listed here as well as the main "What do I do now?" suggestions I've given you throughout this series, you will find that the unnecessary things that clog and clutter up our lives will fade in significance and we will be able to become the men God made us to be.

# **God's Pattern for Christian Manhood**

Some Principles for Establishing Priorities

### I. Distinguish among urgent, important and unimportant activities.

Why is this important? Psalm 103:15, 16

Ephesians 5:16

Not every activity in life is equally important. Some things present themselves as urgent while still being unimportant. We often get caught in those "urgent" things. By urgent, we mean things that present themselves for immediate action even though they might not be important. Phone calls, personal contacts, emails and text messages all have the capability of urgency in that they seem to require immediate response. (Things that we usually call urgent are both urgent and important -- such as getting help for someone who is injured.)

List several important things that you are currently not doing, that if you were to begin doing, would have a significant impact on your walk with God, your family and your life in general.

# Normally the only place to free up time for these things is to stop doing things that are unimportant.

To find out what is truly important we need to turn to God's Word. From Scripture we learn that God does all things for His glory. He created the universe and all things in it for his pleasure. Rev. 4:11

We need to see this one thing – God's Glory – as the ultimate in importance. We were created for His glory and for his pleasure. Everything must be viewed in the light of this idea.

From Scripture, we can also see other things that God has established which He considers important in achieving His ultimate purpose.

Look up the following Scripture verses and list the things that seem to be of utmost importance to God.

1	Hebrews 11:6
2	Matthew 22:37

a	John 14:15	
b	Matthew 6:33	
3	Matthew 22:39	
4	Mark 16:15	
5	Matthew 28:19a	
a	Matthew 28:19b	
b	Matthew 28:20a	
What is at the botto	om of God's list? Luke 12:15	
and _	are more important than	
Why are these five	things so important?	

God's ultimate goal is to show to the angels, demons and the lost world the wonder and glory of His majesty and grace. (Ephesians 2:7; 3:10) I Peter 2:29)

In order to do this, He established a plan whereby sinful and fallen people could be redeemed from their fallen condition and be made new creatures and sons of God. As children of God, their priorities would be the same as God's priorities and His glories would be demonstrated to the world. They would exhibit characteristics exactly opposite of those which brought the wrath of God on us in the first place. As a result, others would be brought to faith in Christ and the process would be repeated and God's glory would be spread and demonstrated throughout the earth.

# II. Keep your eye on the outcome

Look at each of the following passages, and list the outcome that God is seeking.

Ephesians 4:11-16

Ephesians 2:7

Philippians 2:15

Matthew 5:16

Colossians 1:28-29

I Peter 2:9 - 15

II Corinthians 2:14-16

John 13:35 and John 17:20-23

II Timothy 3:14-17

We've seen that God's goal is to have a people of faith who love the Lord with every fiber of their being. They demonstrate their love for the Lord through obedience and seeking His kingdom as their first priority. They show the world that God sent Christ by demonstrating their love for their fellow Christians. They further show God's character by loving their neighbors in the same way they love themselves. They spread the good news of the Gospel of Christ to everyone and use their gifts to teach and train those who come to Christ. The result is more and more people radiating the image of God to the world.

#### **III. Define Your Personal Mission**

We have discussed the fact that since time is short and the days are evil, we need to be sure that in our personal life and in our church life, we are spending our time on the things that are actually important. It is easy to get involved in things that appear to be urgent but are not all that important.

We have also seen that God has given us three avenues for spurring on growth in Christians' lives. These are the family, church and personal disciplines.

Think through the different roles you have in life – husband, father, employee, etc. As you think about these roles, think about the Biblical priorities we've discussed in these lessons and ask yourself how these priorities impact your roles. For example, how do Biblical priorities impact being a husband? What should you do or be as a husband that lifts god's priorities to the top of your priority list?

The next thing to consider is the idea of being proactive. The first thing we need to do is to define the term "proactive" and distinguish our sense of the word from that which the world has. Being proactive is the opposite of being reactive. The idea is that you can make choices regarding your activities, behavior, attitudes and reactions. It is the realization that your decisions have consequences and you are prepared to accept those consequences. Most of us spend most of our time in the reaction mode rather than the proactive mode. Don't be like the ball in a pinball machine that just reacts to each stimulus that comes your way.

The thinking of many modern Christians is characterized by discouraged resignation. "Let go and let God." is a phrase that encourages this sense. I just sort of sit and wait for

God to do something. If He doesn't move me, I'm not going to move. What I decide to do isn't important and doesn't matter. When God decides to change me, I'll change.

This idea affects our planning as well. We tend to wait for some sign from heaven to show us what God's perfect will is. We are looking for the "handwriting on the wall" or some other sign.

What we want to discuss in this section is that our deeds and choices matter. Remember, we are not talking about the powers of the natural man to control his fate. We are talking about Christians, indwelt by the Spirit of God making decisions and moving forward for God.

First then, I would encourage you to listen to your self-talk (or even your actual talk for that matter). Look for language that says you are reacting rather than acting. Some common expressions are: "I just can't help it."; "He makes me so angry."; "I had to..."; "I didn't have the time to..."; "If only they would have...".

Such words are saying that you can do nothing about your actions or feelings. Other people control whether you are angry or not. Time controlled what you did in a day. You had no choice but to do such and such.

God puts a lot of weight and responsibility on us for our decisions and choices. Look up each of the following verses and think through the verse in the context of this discussion. I have put some key comments next to most of the verses to give you a start.

Philippians 4:8 We can control what we think about
Joshua 24:15 God holds us responsible for our choices
I Corinthians 10:13 Temptations are not overwhelming.
James 1:22 What we do
Philippians 2:12 We are responsible for the fruit of our salvation
John 4:14 We have an abundant supply of the Spirit of God
Genesis 24:27 He asked for an indication of God's will, but did he wait at home?
I Corinthians 9:26 Fighting
II Peter 1:5, 10 Give diligence

Compare Caleb (Deut 1:36) and Saul (I Sam 15:23)

What do these additional verses add to the discussion?

Deuteronomy 28:45-47; Jeremiah 39:18; Ezekiel 28:6; Luke 19:17

It is important to realize that forgiveness and even love are commands rather than feelings. Certainly there are emotions attached to these, but God expects action and rewards action. Our lives are not to be based on our feelings and we certainly are not to pretend that we can't act.

It is a sobering thought to remember that God rewards people (both saved and unsaved) for their deeds. Because we have emphasized (and rightly so) salvation by faith alone, we have also de-emphasized (and wrongly so) the importance of our deeds.

II Corinthians 5:10 says: "For we must all appear before the judgment seat of Christ, that <u>each</u> one may receive the things **done** in the body, according to what he has **done** whether good or bad."

Romans 2: 6ff "who will render to each one according to his **deeds**.: eternal life to those who by patient continuance in <u>doing good</u> seek for glory.... But to those who are self-seeking and <u>do not obey</u> the truth, but obey unrighteousness—indignation and wrath, tribulation and anguish, on every soul of man who <u>does evil</u>, ...but glory, honor, and peace to everyone who works what is good.

See also Hebrews 13:21; Titus 2:12-14; Philippians 2:13

Jesus said in Matthew 16:26-27 "And how do you benefit if you gain the whole world but lose your own soul in the process? Is anything worth more than your soul? For I, the Son of Man, will come in the glory of my Father with his angels and will judge all people according to their deeds."

If God judges us and holds us accountable for our deeds and if He has told us that He has provided for the lack of goodness and power that we have in our natural selves by providing us with a new nature and the very presence of the Holy Spirit, then we need to begin acting on what we know is right. We must make decisions in the proactive sense rather than cowering back with a reactive mentality.

God's will is worked out in our lives as we faithfully trust and obey Him.

Finally we need to target our efforts. We usually focus most of our time and mental and emotional energy on things we can do nothing about. My dad used to quote a saying that went something like this: "Lord, give me the strength to change the things I can. Give me the grace to accept the things I cannot change. Give me the wisdom to know the difference."

There are many things we can do nothing about.

In Philippians 3:13, Pauls says, "This one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead,"

There is nothing that can be done about the past. Yes, the consequences of the past continue into the present, but past events cannot be undone. Paul says he is forgetting those things. He is actively forgetting them and focusing on what is ahead. We need to do the same.

In Matthew 6:25-34, Jesus basically tells us that there are things we can't do anything about. We can't control what tomorrow will bring, we can't control how tall we are or how long we live. He promises to meet all of our actual needs and we are to trust Him with that. He concludes by telling us to seek His kingdom and His righteousness. These are things we can do on a daily basis. He tells us not to worry about tomorrow because each day has enough trouble of its own. In spite of these admonitions, we persist in focusing our time and attention on the past and on the future when neither one is under our control. (Check out Luke 12 also)

In Philippians 4:8, Paul tells us to think on things that are true, noble, just, pure, lovely, good, virtuous and praiseworthy. This is something we can do. We might not be able to control what other people do or say, but we can control what we think about. Then, out of the abundance of the heart, the mouth speaks. These things are within our control.

Read through Hebrews 12 sometime this week. Notice the things we are asked to do:

Verse 1	Lay aside every weight and the sin that besets us
	Run the race with patience
Verse 2	Look to Jesus
Verse 5	Do not despise the Lord's chastening
	Do not be discouraged
Verse 12	Strengthen the hands and knees
	(In other words straighten up!)
Verse 13	Set a straight path
	(Look to the future and make right choices)
Verse 14	Pursue peace and holiness

We can make the right choices and our choices matter. We can make the decision to focus on making choices in the areas where we have control.

Here is the question. "Are you going to continue being reactive? Are you going to continue pretending that you don't have the power to do the right thing and to make choices that count?"

Your choice and decision on this question will reap consequences. God is going to judge each of us – not on what we say or what doctrines we agree to (although those are important too) but on what we  $\underline{\mathbf{do}}$ .

#### **Your Mission**

Begin to write out your mission. (The reason this is a good exercise is because it forces us to take a good look at where we're going in life.) Take into consideration all that has been said about what things are important, the focus areas of the role chart and your spiritual gifts. Mission statements by their very nature are rather general. You won't be able to cover every area of your life in detail. They should give the general sense of the

reason God has placed you on this earth. It should be specific enough to be individualized to your situation and the time and place where you live.

Here are some sample mission statements. Some are better than others.

My mission is to glorify God by being an example of Godliness to my family, my church and my community.

My mission is to seek God's kingdom first in all areas of life – my home, my church and my work.

My mission is to glorify God by being an example of Godliness in every area of my life and by helping others to understand the principles of God's Word.

Set your goals accordingly.

Now that you have taken the time to think through and pray about your mission, you should begin to set some goals.

#### 1. Make them measurable

The question to ask yourself is, "How will I know when I accomplish the goal?"

If your goal is for example, "Become a more spiritual Christian.", there is no way to measure it. I'm not suggesting that this is not a worthwhile goal to pursue. It is more a result of other goals that you could choose that would be measurable. For example you could set a goal to spend 15 minutes a day in prayer. Or you could have a goal to include the reading of one hymn in each day's devotional time.

#### 2. Make both long and short term goals

A long term goal might be to read the books on a certain book list over the next five years. Another example might be to have each of your neighbors in your home over the next couple of years.

Short term goals are goals that could be reached within a month to a year.

#### 3. Subdivide them into bite-sized pieces

Once you've thought through your goals, subdivide them into smaller pieces. If your goal is to read certain books, decide which one you will start with and make it a goal to read a chapter this week.

- 4. Make sure your goals fit the criteria we have been studying in this class.
  - a. Make sure the goal distinguishes between the important and the unimportant.

- b. Make sure it is designed to achieve the outcome of glorifying God by helping you become a mature Christ-like person or by assisting others in becoming mature Christ-like individuals.
- c. Make sure the goals reflect God's priorities of faith, love for God, love for neighbor, spreading the Gospel and discipling others.
- d. Make sure the goals enhance your personal disciplines and provide for your ministry in the home and church.
- e. Make sure the goals recognize the fact that God holds you responsible to DO.
- f. Make sure they ignore things that you can't do anything about and focus on the areas that you can do something about.

Remember that a person's life does not consist of the things he possesses.

Remember that we are to be doers of the Word and not hearers only.

Each individual needs to set goals that relate to where they are in life and where they are in their relationship to the Lord. However, it might help you to get started if I recommend some areas to begin.

➤ Take a look at your personal spiritual disciplines. They consist of Praise/Worship; Bible (reading, study, memorization, meditation); Prayer; Personal Obedience, Personal Witnessing.

Make goals to strengthen the areas that are weak and make goals to begin those that are missing.

> Second, if you are a parent of children still at home, set goals related to that area of your life. If you gain everything and lose your own children you will not consider life to have been worth living when it is all over.

Have your children been born again? If not, what are your plans for sharing the gospel with them in a consistent manner? How much time do you spend praying for them and their salvation? Make a goal related to that.

What are your plans for teaching them God's Word? Are you acquainted with the resources that will help you do that? If not, make it a goal to talk to someone about resources and methods. If you are, make goals as to how you are going to proceed. Remember to look at long term goals and then short term goals.

What books will you encourage your children to read? If you don't know, who will you ask?

Do you provide an environment where good music is played and enjoyed? Children should be exposed to good classical music. The singing of hymns and listening to them should be a part of your home life. Children should be familiar with the great

hymns of the faith. Make sure the texts are consistent with and faithfully teach the Word of God.

Is there an atmosphere that emphasizes missions and a sense of mission in your home? Are they familiar with great missionaries of the past? Do they know their stories? Is there a focus on current missions and the struggles to bring the gospel to people all over the world?

➤ If you are married (with or without children), take a good look at your marriage and set some goals with respect to that. Make sure you know the Biblical responsibilities and roles which God has given you as a husband or wife. Are you fulfilling those roles?

As the husband, are you developing your own spiritual life and then the spiritual life of your wife? What is your plan?

➤ Identify key people in your life. Who are the people that you have frequent contact with? Are they believers? If not, how are you going to get the gospel to them? If so, how are you going to help them grow in their faith.

You don't have the relationship with every person that will allow you to be their spiritual adviser. You have to earn that right by being a friend and involving yourself in active listening and caring for them as a friend. Set some goals related to these individuals and your contact with them. Use the "Reaching My World" sheet for listing people God has put into your world. List those who are lost on the left side and those whom you could influence for growth on the right side. Look at the "Links in Discipleship" on page 27. List the people who have a direct responsibility to disciple you in the top section. List the people whom you disciple in the bottom section.

Finally, when you listen to sermons and teaching from God's Word, there should be adjustments to your life. You should consciously add or modify your goals according to the truth you receive.

# **God's Pattern for Christian Manhood**

Session 14 Leadership

God has given men the responsibility for leadership both in the church and in the home. This is not something that is culturally determined, but is something that is ordained by God. Because our culture has done such a good job in brain washing us into believing certain things, it almost seems insensitive or old-fashioned to insist on male leadership. When it comes down to this issue as with many others we get to the point where we need to ask ourselves whether we really agree that the Bible is the Word of God and is authoritative in our lives.

Whatever your age, yes even teenage guys, you should be preparing yourself actively for leadership so that when you are a husband and father or an adult church member, you will be able to take the leadership that God wants you to have.

I.	Man w	as given	the head	ship and	leadership	responsibility.

Why is a woman not allowed to	teach or have authority over a man?
Adam was	(I Tim 2:13)
Adam was not	(I Tim 2:14)
Consider this: Who did God con	ne looking for after Adam and Eve sinned?

Man was given the headship in the home. (Eph 5:22, 23)

The fall of course has made this more difficult. Part of the curse was that Eve's desire was going to be toward her husband. That sounds like a good thing, but the same terminology is used in Gen 4:7. What was desiring Esau and what was he to do in response?

- II. Here are some steps you should take to prepare yourself or improve your leadership capability..
- 1. Make it your goal to work on the topics we've already covered.
  - a. Do you love God with all your heart, soul, mind and strength?
  - b. Do you love your neighbor as yourself?
  - c. Are you developing your spiritual disciplines of Bible study and meditation, prayer and discipleship?
  - d. Are you actively taking steps to discover and develop your God-given gifts for use in your vocation and church?
  - e. Are you taking steps to prepare for or do the work that God has called you to do with all of your might as unto the Lord?
  - f. Are you a good manager of the money God has allowed you to have?

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	1. Blameless		
	2. Husband of one wife		
	3. Temperate		
	4. sober-minded		
	5. Of good behavior		
	6. Hospitable		
	7. Able to teach		
	8. Not given to wine		
	9. Not violent		
	10. Not greedy for money		
	11. Gentle		
	12. Not quarrelsome		
	13. Not covetous		
	14. Rules own house well	with children in	n subjection
	15. Have a good testimony	y outside the ch	urch
	16. Reverent		
	17. Not double-tongued		
	18. Holding the mystery of	f the faith with	a pure conscience
	19. Blameless		
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d. Oth	ner characteristics you should		4.11)
	1. Work with your own	$\frac{1}{1}$ (1 The	ess 4:11)
	2. Be d(Pro	overbs 13:4)	

2. Develop the following biblical characteristics in your life.

#### 3. Develop good communication skills

To be a good leader you have to know how to communicate well.

Be able to listen James 1:19; Prov 25:11, Proverbs 10:19 multitude of words sin not lacking; Prov 19:27 watch words, calm spirit.; Ecc 5:2, 3; 18:13 it's foolish to answer a matter before he hears it....

Speak clearly, look people in the eye.

Don't be thinking of what you are going to say while they are speaking.

Don't always be trying to one-up what someone else is saying.

Humble leadership. Very difficult.

I Peter 5:3; Matt 20:25,26;

Phil 2:4 Look on others point of view

Proverbs 18:13, 17 Hear both sides

Love does not seeks its own I Cor 13: